



Comprehensive Health History Form

Patient Information

Name _____ Date _____
 Address _____ City _____ State _____ Zip _____
 Cell _____ Work phone _____ Home phone _____
 E-mail _____ Have you had acupuncture before? () Yes () No
 Height _____ Weight _____ Age _____ Sex: () Male () Female Date of birth _____
 Occupation _____
 In emergency notify(name): _____ Emergency phone number: _____
 Marital Status: () Single () Married () Other
 Number of children: _____ Ages of children: _____
 Primary Care Doctor _____ Last seen: _____
 How did you hear about NFA clinic of Oriental Medicine: () A Talk () Article () Yellow Pages () Brochure
 () Business Card () Web site () Newspaper () Referred by: _____

Insurance

Insurance Name _____ Insurance Group Number _____
 Primary Insured Name _____ Primary ID Number _____
 Primary Insured DOB _____ Patient's relationship to Primary Insured: Self / Spouse / Child / Other
(Car accident) •Date: _____ **•Claim No:** _____
•Insurance company: _____

Medical History

Reason for your visit here today: _____
 Are you being treated for this condition by anyone else: () Yes () No
 If Yes, who? _____ Phone number: _____
 Has this condition been diagnosed by a MD? () Yes (Diagnosis: _____) No ()
 Have these treatments helped? () Yes () Somewhat () Not much () Not at all
 How does this condition affect you? _____ How long have you had this condition?
 Do you currently have any infectious diseases? () Yes () No () Possibly
 If Yes, please identify: () HIV+ () Hepatitis B () Hepatitis C () Flu/Cold () Streptococcus () Mononucleosis
 () Tuberculosis () Other: _____
 Known or suspected allergies: _____
 Childhood diseases you have had: () Chicken Pox () Measles () Mumps () Rheumatic Fever () Diphtheria
 () Scarlet Fever () Other: _____
 Physical or Emotional Traumas / Accidents / Hospitalizations / Surgeries in the past 10 years:



Reason _____ Date/Year(s) _____

Health Inventory

Table with 4 columns: Cardiovascular Conditions, Emotional / Mental, Energy & Immunity, Respiratory; Musculo-Skeletal, Head, Eye, Ear, Nose & Throat, Genito-Urinary Tract, Gastrointestinal; Endocrine, Other, Liver Conditions, Men Only.

Women Only:

Are you pregnant right now? () Yes () No () Trying () Maybe Method of Birth Control: _____
Age of first period: _____ Date of last menses: _____ Age of menopause: _____
Typical length of menses (days): _____ Typical length of cycle (from 1st day to 1st day of menses): _____
Number of Pregnancies: _____ Births: _____ Abortions: _____ Miscarriages: _____
Hysterectomy: () Yes () No If yes, date: _____
Check all that apply: () Low libido () Excessive libido () Painful Intercourse () Clotting () Painful Periods
() Heavy Flow () Scanty Flow () Bleeding Between Cycles () Irregular Cycles () Vaginal Discharge
() Breast Lumps/Tenderness () Nipple Discharge () Infertility () Menopausal Symptoms () Premenstrual Problems



Medications

Please list all prescription and over the counter medications you are currently taking:

Drug Name	Reason for taking	For how long	Dose	Frequency

Please list all supplements and herbs you are currently taking:

Supplement	Reason for taking	Potency	Frequency

Lifestyle

(Daily amount used within the past 2 months)

Tobacco: ()Yes ()No Amount: _____ Alcohol: ()Yes ()No Amount: _____

Coffee: ()Yes ()No Amount: _____ Recreational Drug: ()Yes ()No Amount: _____

Do you feel you are at or near your ideal weight? ()Yes ()No

Do you feel you have enough energy? ()Yes ()No Are you vegetarian or vegan? ()Yes ()No

Best time of day(full of energy): _____ Worst time of day(least energy): _____

Favorite Season: _____ Hours of sleep / night: _____

Do you feel rested after a night sleep? _____ Do you remember your dreams? _____

Typical day's meals:

Breakfast: _____

Lunch: _____

Dinner: _____

Snacks / Other: _____

Food cravings: _____

Religion or other spiritual practice: _____

Hobbies or other recreation: _____

What kind of physical exercise do you do regularly? _____

Hours of work per week? _____

How would you rate your current stress level? ()Extreme ()Very High ()High ()Moderate ()Low

Please feel free to express any concerns or thoughts you feel may be relevant to your health below:

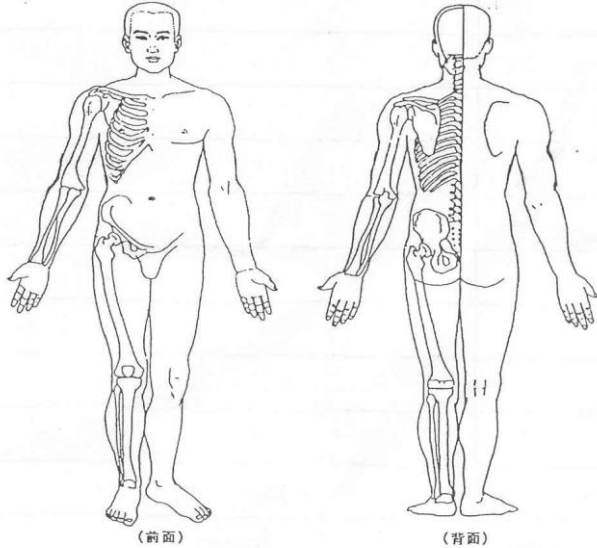


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Use the diagram if desired.

How bad is your pain?	0	1	2	3	4	5	6	7	8	9	10	
	No pain											Unbearable pain



The Above information is true to the best of my knowledge. I understand and accept that I am responsible for full payment of my account and that payment is expected at the time of service. I also understand and accept that I am expected to notify NFA Clinic of Oriental Medicine **24** hours prior to any cancellations or changes to my appointment times and that if I do not I may be charged for the appointment.

X Signed: _____ Date: _____.

Parent / Guardian (if applicable) _____.

Would you like to receive a free email newsletter: ()Yes ()No